



# National Youth Leadership Training Course

## Brownsea-NYLT Overview



### Give me an overview of the course?

This course models a month in the life of a boy lead troop – three troop meetings (one each day for the first three days), all leading up to a big outdoor experience (an overnight outpost camp). This course uses the patrol method and presents model Troop, Patrol Leader Council and Patrol meetings.

### What are the skills being taught?

(Throughout the course, the staff will be modeling the concepts and skills that are the core content of the course. The focus of each session is not only knowledge but also giving the participants a “Toolbox of Skills” that equips them with the “how.”)

#### 1. Communicating Well (Effective Communications)

Understand that the skills of communicating well are not just for presentations but can be used whenever one is sharing ideas. Learn to communicate with Adults.

#### 2. Finding Your Vision (Team and Personal Vision)

Vision as what future success looks like (team or personal)

#### 3. Setting Your Goals

What are Smart Goals and how to use them to achieve your vision

#### 4. Preparing Your Plans

Use of planning as a step in reaching goals and fulfilling visions

#### 5. Forming Your Team

Describe the phases that a patrol or team will experience as members move toward achieving goals or learning new skills (Forming, Storming, Norming, Performing)

#### 6. Problem Solving

Discuss the similarities between Planning and Problem Solving

#### 7. Leading EDGE

Describe the 4 leadership approaches included in the leading Edge (Explaining,

Demonstrating, Guiding, Enabling) and apply them to team development

#### 8. Teaching EDGE

Describe the 4 steps of the Teaching Edge (Explain, Demonstrate, Guide, Enable) and how to use effective communications skills as a tool for teaching

#### 9. Resolving Conflicts

Describe ways that a good leader minimizes conflict. Learn how to use EAR as a tool for resolving conflict (Express, Address, Resolve). When is Adult involvement needed.

#### 10. Making Ethical Decisions

Give a definition for “ethics” and discuss the importance of ethical decision-making (use the Scout Oath and Law)

#### 11. Leading Yourself

Discuss the importance of having a personal vision and the phases of personal development (Forming, Storming, Norming, Performing)

#### 12. Valuing People

Use the Scout Oath and Law as a guide in valuing other people. How to act in an ethical manner in our dealings with people whose core values differ from ours. Use ROPE (Reach, Organize, Practice, Experience) to strengthen the patrols/troops programs

## What else do participants learn and experience?

### Opening Campfire

Experience a model for running a successful campfire – well-planned, interesting, and no longer than necessary. Voice-over narrator explains what participants are seeing.

### (Daily) Patrol Leaders Council

Learn what is a PLC and how a PLC should run. Learn what are the roles and responsibilities of all attendees. See an example of a boy-lead troop in action. All participants attend a model PLC where a Voice-over narrator explains what participants are seeing.

### (Daily) Troop Meeting

Conduct a well-prepared troop meeting (7 parts) using a Troop Meeting Plan. Use TEACHING EDGE to teach a skill, Conduct an inter-patrol activity based on the Teaching EDGE skill. All participants attend a model Troop Meeting where a Voice-over narrator explains what participants are seeing

### Scout's Own

Experience an appropriate Scout's Own Service. Learn how to plan a Scout's Own Service and what is the importance of religious services for a Troop or Patrol

### (Daily) Patrol Meeting

Learn what is the purpose of the patrol meeting and how a patrol meeting should run. Learn what are the roles and responsibilities of all attendees. Learn to use Stop/Start/Continue to evaluate Patrol Performance.

### Geo-Cache Activity

A combined scavenger hunt and orienteering course that challenges each patrol to apply many of the skills learned during NYLT. All participants learn how to use and practice finding their way with GPS Receivers.

## **The Tool Box and Memory Joggers (NYLT specific skills)**

- **Vision – Goals – Planning** – Creating a positive future
- **Smart Goals** – Specific, Measurable, Achievable, Realistic (Relevant), Timely
- **Planning Tools** – What, How, When, Who
- **Assessment Tool** – SSC – Start/Stop/Continue
- **Teaching EDGE** – Explain, Demonstrate, Guide, Enable
- **Stages of Team Development** – Forming, Storming, Norming, Performing
- **Leading EDGE** - Explain, Demonstrate, Guide, Enable
- **CONFLICT RESOLUTION TOOL** – EAR – Express, Address, Resolve
- **ROPE** – Reach out, Organize, Practice, Experience
- **Be, Know, Do** –
  - **The BE of leadership** – find your vision, setting goals, making ethical decisions, leading yourself, leading others
  - **The KNOW of leadership** – the skills of teaching and leading to help group achieve their goals
  - **The DO of leadership** – a toolbox of communicating effectively, solving problems, and resolving conflicts